

**Community Bible Church**  
**Sermon Discussion Questions: Jul 27, 2024**  
**Pastor Ed Newton**

Why Not You? Believing What God Believes About You

**Question #1:** *What has stuck out to you the most during Pastor Ed's "Why Not You?" Sermon series?*

**I. THE DAILY-CHECKLIST:** *He must increase, I must decrease.* (John 3:30) •

**Word & Worship:** (Colossians 3:16)

• **Filled with the Holy Spirit:** (Romans 15:13)

○ Surrendered to the Spirit: (Ephesians 4:30)

○ Sensitive to the Spirit: (1 Thess. 5:19)

• **Stay Battle Ready:** (1 Peter 5:8)

○ Anointing: (1 John 2:27)

○ Armor of God: (Ephesians 6:10-20)

• **You are Enough:** From Acceptance not For Acceptance. (Matthew 3:11) • **Speak w/**

**Confidence:** (Ephesians 4:29)

• **God Dream:** What would you do for God if failure wasn't an option?

• **Availability not Ability:** (Isaiah 6:8)

**Question #2:** *How do you integrate the practice of "He must increase, I must decrease" (John 3:30) into your daily life? What challenges do you face in doing this?*

**Question #3:** *How do you understand the concept of spiritual warfare in your own life, and how has putting on the Armor of God (Ephesians 6:10-20) contributed to your personal and spiritual growth? Can you share a time when you experienced a significant spiritual battle and how the different pieces of the armor played a role in your victory or learning process?*

**II. THE DAILY-COMMITMENT:** *"be transformed by the renewing of your mind"* (Romans 12:2)

• **THE FRAME IS YOUR FILTER:** How I see it is how I perceive it.

○ Know Your Triggers (Senses recall a Memory +/-)

○ Cognitive Bias: Perception now produces an Emotion/Feelings/ or Mood. ○ Your Tendencies (Coping Mechanisms)

○ Your Trajectories (Tape/Loops/Ruts)

• **FLIP THE FRAME:** If how I perceive it doesn't match with what God says then I have to see it differently.

○ Trust God: (Proverbs 3:5-6)

- With my Feelings (1 Peter 5:7)
- With my Fears: (2 Tim. 1:7)
- With My Future: (Jer. 29:11)
- Lay it Down: (Blue Chip Mentality)
  - Addiction is not who you are: (John 8:32)
  - Failure is not who you are. (Romans 8:37)
  - Shame is not who you are. (Romans 8:1)
- Holy Habits: Worry and Worship can't Coexist. (Matthew 6:33)
- Healthy Habits: (Choices, Circles, Church)
  - Choices (Galatians 6:7)
    - Separate feelings from Fact: 2 Cor. 10:5 (T.H.I.N.K.)
    - Don't bend God's truth to justify my feelings.
      - Stop Self Sabotage & Accept encouragement: (1 Thess. 5:11)
      - Buffalo Mentality: 1 Tim. 6:12
  - Circles (Proverbs 27:17) #Roots
  - Church (Hebrews 10:25) #togetherness

**Question #4:** *How do you practice renewing your mind daily? What strategies do you use to identify and reframe your cognitive biases and emotional triggers to align with God's perspective?*

**Question #5:** *What are some practical healthy habits (choices, circles, church) that help you maintain this balance?*

### **III. THE DAILY- COVENANT: No Matter What Happens!**

- God's Character is Good: (Hebrews 13:8)
- Your Identity is in Christ: (2 Cor. 5:17)
- You're His Workmanship: (Ephesians 2:10) • Your Weakness doesn't disqualify you: (2 Cor. 12:9) • You're in God's Providence: (Romans 8:28-30) • God's Timing is Perfect: (Isaiah 40:31)
- God will never waste your Pain. (Phil. 1:6) • God's purpose is bigger than you. (Genesis 50:20)

**Question #6 :** *Reflect on the belief that "God's character is good" and how this shapes your identity in Christ. How do you trust in God's providence and timing, especially during challenging times?*