

Title: Fit Check

Text: James 1:19-27

Target: The Word of God is a Mirror, Not a Selfie.

- I. **Stop Resisting What God is Saying:** *"Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God. Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls. (Vs. 19-21)*
- A. **Ready Yourself:** *"quick to hear, slow to speak"*
 - B. **Restrain Yourself:** *"slow to anger"*
 - C. **Rid Yourself:** *"put away all filthiness and rampant wickedness"*
 - D. **Realign Yourself:** *"meekness the implanted the word, which is able to save your souls"*

Key Statement: Quit arguing with the truth that God sent to change you.

- II. **Stop Mistaking Hearing for Doing:** *"But be doers of the word, and not hearers only, deceiving yourselves. For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. For he looks at himself and goes away and at once forgets what he was like." (Vs. 22-24)*
- A. **Hearing is Not Doing:** *"Not hearers only"*
 - B. **Knowledge Can Deceive You:** *"looks intently"*
 - C. **What You Ignore, You Forget:** *"at once forgets"*

Key Statement: You can't change what you keep refusing to see.

- III. **Start Showing Evidence of Changing:** *"But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing. If anyone thinks he is religious and does not bridle his tongue but deceives his heart, this person's religion is worthless." (Vs. 25-26)*
- A. **Remain in what you See:** *"perseveres"*
 - B. **Receive the Blessing God Supplies:** *"blessed"*
 - C. **Restrain How you Speak:** *"bridle"*

Key Statement: A Faith that is real will become a Faith that is revealed.

- IV. **Start Living What You're Believing:** *"Religion that is pure and undefiled before God the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world." (Vs. 27)*
- A. **Care for the Hurting:** *"visit orphans and widows"*
 - B. **Conform not to the World:** *"unstained from the world"*

Key Statement: Godliness is measured by what you care for and what you refuse to conform to.

Takeaway: Knowing the truth is not the same as living the truth.