



**Community Bible Church**  
**Sermon Discussion Questions: August 3 & 4**  
**Pastor Marquise Cox**

**Title:** Tame The Shame.

**Text:** Genesis 3:7-8 ESV, 2nd Corinthians 5:17 ESV, Genesis 1:27-28a NIV, 2nd Corinthians 5:17-21 NIV, Romans 8:1 ESV, Psalm 42:11 NIV, Habakkuk 3:17-18 ESV

**Target:** When the devil has no control over the promise of your future, he'll remind you of the shame of your past.

**The Problem:** You'll never be as impactful or effective as God wants you to be when you allow your past to define you.

Guilt and shame are not the same:

**Guilt:** is an attack on my *behavior*.

**Shame:** is an attack on my *identity*.

The lie is that the only way to deal with shame is to be:

punished, paralyzed or perfect.

**My identity in Christ means:**

1. Shame has no power over my **promise**.

a. *"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"* **2nd Corinthians 5:17 ESV**

b. *"So God created man in his own image, in the image of God he created him; male and female he created them. And God blessed them. And God*

said to them, "Be fruitful and multiply and fill the earth and subdue it... **Genesis 1:27-28a NIV**

**Question #1:** How does 2 Corinthians 5:17 challenge our perception of ourselves after accepting Christ?

**Question #2:** In what ways does recognizing ourselves as new creations impact our daily lives and decisions?

2. Shame has no power over my **position**.

a. "God made him who had no sin to be sin for us, so that in him we might become the righteousness of God." **2nd Corinthians 5:17-21 NIV** b. There is therefore now no condemnation for those who are in Christ Jesus.

**Romans 8:1 ESV**

**Question #3:** Can you share a personal experience where shame affected your self-perception or actions? How did you overcome it?

**Question #4:** Why is it important to differentiate between conviction from the Holy Spirit and condemnation from the enemy?

3. Shame has no power over my **praise**.

a. "Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God." **Psalm 42:11 NIV**

b. "Though the fig tree should not blossom, nor fruit be on the vines, the produce of the olive fail and the fields yield no food, the flock be cut off from the fold and there be no herd in the stalls, yet I will rejoice in the LORD; I will take joy in the God of my salvation." **-Habakkuk 3:17-18 ESV**

**Question #5:** How can praising God in difficult circumstances, as seen in Psalm 42:11 and Habakkuk 3:17-18, shift our focus from shame to hope?

**Question #6:** Share a moment when worship helped you overcome feelings of shame or guilt. What changed in your heart and mind during that time?

**Take Away:** Your shame was dealt with by the one who lived perfect so you don't have to.