- I. THE DAILY -: "He must increase, I must decrease." (John 3:30)
 - A. Word & Worship: (Colossians 3:16)
 - **B. Filled with the Holy Spirit:** (Romans 15:13)
 - **1. Surrendered to the Spirit:** (Ephesians 4:30)
 - 2. Sensitive to the Spirit: (1 Thess. 5:19)
 - C. Stay Battle Ready: (1 Peter 5:8)
 - **1. Anointing:** (1 John 2:27)
 - 2. Armor of God: (Ephesians 6:10-20)
 - D. You are Enough: From Acceptance, not For Acceptance. (Matthew 3:11)
 - E. Speak w/ Confidence: (Ephesians 4:29)
 - F. God Dream: What would you do for God if failure wasn't an option?
 - G. Availability not Ability: (Isaiah 6:8)
- "be transformed by the renewing of your mind." (Romans 12:2)
 - A. The Frame is your Filter: How I see it is how I perceive it.
 - **1. Know Your Triggers:** (Senses recall a Memory +/-)
 - 2. Cognitive Bias: Perception now produces an Emotion/Feelings/ or Mood.
 - **3. Your Tendencies:** (Coping Mechanisms)
 - **4. Your Trajectories:** (Tape/Loops/Ruts)
 - B. Flip the Frame: If how I perceive it doesn't match with what God says, then I have to see it differently.
 - 1. Trust God: (Proverbs 3:5-6)
 - a. With my Feelings: (1 Peter 5:7) b. With my Fears: (2 Tim. 1:7)

 - c. With My Future: (Jer. 29:11)
 - 2. Lav it Down: (Blue Chip Mentality)
 - a. Addiction is not who you are: (John 8:32)
 - b. Failure is not who you are: (Romans 8:37)
 - c. Shame is not who you are: (Romans 8:1)
 - **3. Holy Habits:** Worry and Worship can't Coexist. (Matthew 6:33)
 - 4. Healthy Habits: (Choices, Circles, Church)
 - a. Choices: (Galatians 6:7)
 - 1. Separate feelings from Fact: 2 Cor. 10:5 (T.H.I.N.K.)
 - 2. Don't bend God's truth to justify my feelings.
 - 3. Stop Self Sabotage & Accept Encouragement: (1 Thess. 5:11)
 - 4. Buffalo Mentality: (1 Tim. 6:12) b. Circles: (Proverbs 27:17) #Roots
 - c. Church: (Hebrews 10:25) #Togetherness
- III. THE DAILY -: No Matter What Happens!
 - A. God's Character is Good: (Hebrews 13:8)
 - B. Your Identity is in Christ: (2 Cor. 5:17)
 - C. You're His Workmanship: (Ephesians 2:10)
 - D. Your Weakness doesn't disqualify you: (2 Cor. 12:9)
 - E. You're in God's Providence: (Romans 8:28-30)
 - F. God's Timing is Perfect: (Isaiah 40:31)
 - G. God will never waste your Pain: (Phil. 1:6)
 - H. God's purpose is bigger than you: (Genesis 50:20)







PARKING LOT UPDATE:

Construction on the Sonterra extension will begin on August 5th. The entrance to CBC from Sonterra will be closed for several months, and you will be unable to enter the campus from that direction. All entrances and exits to the campus will only be available at 1604 Frontage Road.

For those coming to the Sunday 11:30 am and the 2 pm service only, it will be important to allow all cars off of the CBC parking lot from the previous service before we open the parking lot to those entering for the next service.

The parking lot will open for entrance 45 minutes before the service time you attend to enter. For example, if you attend the 11:30 am. service, the parking lot will open at 10:45 am. If you attend the 2:00 pm service, the parking lot will open at 1:15 pm.

We appreciate your patience through this period of road construction. Also, can you help us by loving on our All-Stars, Parking Lot Team, and Officers as they seek to serve our house in these days? They seek to serve you and keep you safe, and because of that, let them know how much you appreciate them.

Speaking of All-Stars, we need your help in a couple of key areas of our church. We are growing at a significant rate, and we need more help in our Hospitality space and our Children's ministry during weekend services. There's nothing more fun than getting to serve here at CBC, and we need YOU! Please stop by the Connects area in the lobby, ask one of our All-Stars in a yellow shirt for more information, or visit communitybible.com/serve

UPCOMING SPECIAL EVENTS:

LOVE SAN ANTONIO | JULY 27 - AUG 3

Have you signed up for LOVE SA? It's not too late to join this exciting week when CBC steps into over 200 serving opportunities to LOVE and SERVE the people of San Antonio. If you have been part of CBC for a while or are looking to get plugged in, serving at one (or more) of the LOVE SA activities is a great way to SERVE and have FUN along the way! You also will not want to miss the LOVE SA Celebration event and concert at Emmitt Park on August 3rd.

Visit *communitybible.com* to sign up (for FREE) for one of the many projects that match your passions, skills, and schedule. Many of our projects are open to all ages, which is an excellent way for your entire family to get involved! For more information about this church wide event

Visit communitybible.com/global for more information and to register!

MORE CBC EVENTS:

DEAF GATHERING | AUGUST 3 GLOBAL LEADERSHIP SUMMIT | AUGUST 8 - 9 WELCOME HOME | AUGUST 12 AT 5:30PM

Visit communitybible.com/events for more information and to register!

NEW BELIEVERS & FIRST TIME GUESTS:

If you have accepted Jesus as your Savior, we'd like to celebrate with you! Stop by our Next Steps space or text CHRIST to 210-762-4747. If you are visiting for the first time, we want to welcome you! Stop by one of our First Time visitors' tents for a free gift or text GUEST to 210-762-4747 so we can reach out to you at a later time.

NEEDING PRAYER?

We have a pastoral team at our CBC Cares area in the lobby ready to pray with you. You can also scan the QR code to complete a prayer request form.









