

Rock Solid

Small Group Discussion Questions

Psalm 18:2

- 1. What you stand on will determine whether you will stand through.** What is the difference between something that looks stable and something that truly is stable? Can you think of a time in your own life when what you were standing on was tested and either held or gave way?
- 2. A rock has five qualities: stability, durability, reliability, security, and visibility.** Which of these qualities do you most need God to be for you right now, and why? Have you experienced Him as that in the past?
- 3. David wrote Psalm 18 out of real experiences: pits, battles, danger, and hiding.** Every word was an experience. Which of the seven names in Psalm 18:2 (fortress, deliverer, refuge, shield, horn of salvation, or stronghold) is most meaningful to you personally, and what experience connects you to it?
- 4. Making the metaphor personal requires us to Notice the Rock, Receive the Rock, and Build on the Rock.** Which of these three steps is most challenging for you right now? What makes it difficult, and what might help you take that next step?
- 5. What are some "sweet frames" (good things) that people tend to build their lives on instead of Christ?** What happens to those things when the rain falls, the floods come, and the winds blow (Matthew 7:25)? What would it look like to intentionally shift the weight of your life onto Christ instead?
- 6. Daniel 2:34 describes a stone "cut out by no human hand" that ultimately fills the whole earth.** What does it look like practically to live with an awareness that Christ is the unmovable, undefeatable King? How should that change the way we face the unstable things in our world today?

Takeaway Thought

You do not have to face an uncertain future standing on uncertain ground. God is not just a poetic metaphor for strength. He is the Rock that surrounds you (Sela), the Rock that stabilizes you (Tsur), your fortress, your deliverer, your refuge, your shield, your salvation, and your stronghold. What you stand on will determine whether you will stand through.