



## PROFESSIONAL COUNSELING REFERRALS

The following is a list of recommended counselors in the community. Questions regarding fees and insurance need to be directed to the individual counseling offices. God bless you!

Almendariz, Sarah LPC-S  
Bilingual, Children, Family, Teens, Trauma  
11707 Orsinger Lane, 78230  
[www.northsidefamilycc.com](http://www.northsidefamilycc.com)  
(210) 625-7949

Bradley, Rolla, PhD, LPC  
Grief, Marriage, Men, Teens.  
9352 Osage Circle Garden Ridge, 78226  
[www.drrolla.com](http://www.drrolla.com)  
(210) 859-7854

Ecke, Stephanie, LPC  
Addictions, Codependency, Couples, Life  
Transitions & LGBTQ.  
16607 Blanco Rd. "The Park" Building 15  
Suite 1504, 78232  
[www.thetraumaqueen.com](http://www.thetraumaqueen.com)  
(210) 287-4002

Arredondo, Elizabeth, LPC  
Bilingual, Couples, Adolescents, Children,  
Mental Health.  
10615 Perrin Beitel, Ste. 802, 78217  
[business@RaphaSA.com](mailto:business@RaphaSA.com)  
210-757-3150

Cervantes, Stephen L, PA, LPC, LMFT  
Grief, Trauma, Couples, Individual, Sexual  
Integrity.  
1162 E. Sonterra Blvd, Ste. 130, 78258  
[www.hopecounseling.com](http://www.hopecounseling.com)  
210-490-9062

Fuller, Clifton, LCSW, LPC, LMFT  
Addictions, Family, Marriage, PTSD, Sexual  
Addiction.  
15303 Huebner Rd, Ste. 10, 78248  
[www.cliftonfuller.com](http://www.cliftonfuller.com)  
(210) 404-9001

Barnes, Wendy, LPC  
Anxiety, Depression, Marriage, PTSD, Teens.  
18838 Stone Oak Pkwy, Ste. 103, 78258  
[www.renewingforlife.com](http://www.renewingforlife.com)  
(210) 475-1303

Coleman, Brittany, LPC  
Children, Divorce, Life Changes,  
Parenting, Relationships.  
19115 FM 2252, Ste. 12, 78266  
[www.brittanycolemanlpc.com](http://www.brittanycolemanlpc.com)  
(210) 845-7949

Harrison, Janet Andrews, LPC-S, LMFT-S  
Family, Military, Relationships, Teens,  
Women  
18834 Stone Oak Pkwy, Ste. 104, 78258  
[www.Stoneoakcounseling.com](http://www.Stoneoakcounseling.com)  
(210) 863-2304

Beach, John, PhD  
Children, Family, LGBTQ, Military, Teens.  
2631 Bulverde Rd, Ste. 108, 78163  
[www.drjohnbeach.com](http://www.drjohnbeach.com)  
(210) 496-7373

Coulter, Charles, LPC  
Family, Marriage, Relationships,  
Sexual Addictions, Teens.  
18834 Stone Oak Pkwy, Ste. 104, 78258  
[www.thebestmarriage.com](http://www.thebestmarriage.com)  
(210) 849-7264

Inman, Celeste, LPC-S, RPT-S  
Abuse, Trauma, Children, Parenting,  
Play Therapy.  
14802 Jones Maltsberger Rd. # 101, 78247  
[www.thevinewellness.com](http://www.thevinewellness.com)  
(210) 602-2203

Bendele, Sarah, LPC  
Abuse, Depression, Family, Relationship,  
Women.  
14526 Jones Maltsburger #209, 78247  
[www.sarahbendelelpc.com](http://www.sarahbendelelpc.com)  
(210) 404-9994

Daniel, Stacia, PhD  
Anxiety, Grief, Health, Life Changes, Military  
18838 Stone Oak Pkwy, Ste. 103, 78258  
[www.staciadaniel.com](http://www.staciadaniel.com)  
(210) 402-6569

Jankowski, Kyle, LMFT  
Children, Family, Marriage, Sexual Addiction,  
Teens.  
500 N Loop 1604 E Ste. 220, 78232  
[www.kylefamilytherapy.com](http://www.kylefamilytherapy.com)  
(830) 708-4919

Benedict, Gene, LPC-S  
Anger, Domestic Violence, LGBTQ, Marriage,  
Pre-marital.  
1314 E. Sonterra Blvd. Ste. 103, 78258  
[www.genebenedict.com](http://www.genebenedict.com)  
(210) 316-5618

Easley, Rebecca, LPC  
Anger, Career, Depression, Grief, Life  
Coaching.  
2631 Bulverde Rd, Ste. 108, 78163  
[www.esteemwellness.com](http://www.esteemwellness.com)  
(210) 496-7373

Jones, Mark S, PLLC DMin LPC LMFT BCN  
QEEGD  
Individual, Family, Marriage, Neurofeedback.  
16607 Blanco Rd, Suite 904 Bldg. 9, 78232  
[www.sanantoniocounseling.net](http://www.sanantoniocounseling.net)  
(210) 260-9949



# COMMUNITY

BIBLE CHURCH

King, Pamela Davis. LMFT, LPC  
Anxiety, Depression, Emotionally Focused  
Therapy, Grief, Marriage.  
1015 Central Pkwy North Suite 145, 78232  
[www.pkingtherapy.com](http://www.pkingtherapy.com)  
(210) 885-5009

Gray, Ginger, LCSW  
Abuse, Depression, Divorce, Recovery,  
Women.  
19115 FM2252, Ste.12, 78266  
[www.abidinghopecc.com](http://www.abidinghopecc.com)  
(210) 302-8576

Lambiase, Sherri, LPC-S  
Anger, Anxiety, Depression, Infertility, Sexual  
Addiction.  
540 Madison Oak, Suite 340, 78258  
[www.northsidefamilycc.com](http://www.northsidefamilycc.com)  
northsidefccc@gmail.com  
(210) 789-7683 ext. 1

Surley, Rick, CMFT  
Adolescents, Children, Family, Marriage,  
Parenting, Personality Disorders  
17806 IH 10 West, Ste. 300, 78257  
[www.newbeginningschristiancounseling.com](http://www.newbeginningschristiancounseling.com)  
210-854-9819

Lim, Mee-Gaik, PhD, LPC, LMFT  
Adults, Children, Couples, Families, Teens.  
542 Comal Ave. New Braunfels, 78130  
[www.texasprofessionalcounseling.com](http://www.texasprofessionalcounseling.com)  
(830) 629-2300 ext. 701

Lowman, Daren D., LMFT, CSAT  
Anxiety, Depression, Marriage, Sex Addiction,  
Teens.  
26254 Interstate 10W, Suite 240, 78006  
<http://boernecounselingcenter.com/>  
(210) 593-8141

McIntyre, Lea, M.A. LPC NCC  
Children, Family, LGBTQ, Teens, Women.  
7410 Blanco Road, Suite 410, 78216  
(210) 723-6536

O'Connell, Mina MS, LMFT, PLLC  
Couples, Eating Disorders, Family.  
Play Therapy, Teens.  
4230 Gardendale Building 601, 78229  
(210) 995-8968

Salazar, Sandra, LPC  
Anxiety, Autism, Bipolar, Depression, Family.  
1162 E. Sonterra Blvd, Ste. 130, 78258  
[www.hopecounseling.com](http://www.hopecounseling.com)  
(210) 490-9062

Schroeder, Dale, LMFT, LPC, LCDC  
Addictions, Anxiety, Bipolar, Family, Marriage.  
15303 Huebner Rd, Ste. 10, 78248  
[www.schroederfamilycounseling.com](http://www.schroederfamilycounseling.com)  
(210) 834-2200

**For life threatening emergencies, dial 9-1-1 IMMEDIATELY!**

## CHRISTIAN COUNSELING—REDUCED FEE

Abiding Hope Institute for Christian Counseling  
19115 FM 2252, Ste 12 Garden Ridge, 78266  
Calls are returned in 48 hours  
[www.abidinghopeinstitute.org](http://www.abidinghopeinstitute.org)  
(210) 236-7768

Anchors of Life  
Abuse, Children, EMDR, Grief, Marriage, Play  
Therapy, Trauma, Teens.  
424 FM 78 Cibolo, 78108  
[info@anchorsoflife.org](mailto:info@anchorsoflife.org)  
(210) 859-5446

Forever Hope Counseling & Educational  
Anxiety, Autism Spectrum, Bipolar, Depression,  
Family, Marriage.  
21714 Hardy Oak Ste. 104, 78258  
[www.foreverhopecounseling.com](http://www.foreverhopecounseling.com)  
(210) 490-9062  
Reduced fee with CBC referral

Ecumenical Center  
Adults, Children, Teens.  
8310 Ewing Halsell, 78229  
<http://www.echr.org/>  
(210) 616-0885

Mark Postell, MS, LPC  
Family, Marriage, Premarital, Teens.  
18834 Stone Oak Pkwy Suite 104 - 78258  
[www.thecounselingpost.com](http://www.thecounselingpost.com)  
(210) 710-7999  
Reduced fee with CBC referral

Oak Hills Church  
Adults, Children, Teens.  
19595 IH 10 West, 78257  
<http://oakhillschurch.com/>  
(210) 698-4620



# COMMUNITY

BIBLE CHURCH

## COMMUNITY COUNSELING—REDUCED FEE

Clarity Child Guidance Center – Non-Profit  
Outpatient Mental Health Treatment for  
Children, Families, Teens.  
8535 Tom Slick, San Antonio, 78229  
[www.claritycgc.org](http://www.claritycgc.org)  
(210) 616-0300

Community Counseling Services at OLLU  
Bilingual. Children, Family, LGBTQ.  
590 N. General McMullin, 78228  
[www.ollusa.edu](http://www.ollusa.edu)  
(210) 434-1054

Catholic Counseling Services  
Adults, Children, Family, Teens.  
Bilingual  
231 W. Commerce , 78205  
[www.ccaosa.org](http://www.ccaosa.org)  
(210) 377-1133

Family Life Center at St. Mary's University  
Adults, Family, LGBTQ, Marriage.  
251 W. Ligustrum Drive, 78228  
<https://www.stmarytx.edu/outreach/counseling/>  
(210) 438-6411

Guardian House  
Couples, Individuals, Families, LGBTQ.  
1818 San Pedro Ave., 78212  
[www.guardianhouse.org](http://www.guardianhouse.org)  
(210) 733-3349

Healthy Innovative Processes (H.I.P.)  
Adams, Patricia, DMin, LMFT  
Couples, Families, Individuals, LGBTQ.  
1852 Lockhill Selma Rd. Suite 108, 78213  
[www.hip-sa.org](http://www.hip-sa.org)  
(210) 271-7411

Jewish Family and Children's Services  
Children, Adults and LGBTQ.  
12500 NW Military Hwy, #250, 78231  
[www.jfs-sa.org/counseling](http://www.jfs-sa.org/counseling)  
(210) 302-6920

STAR Program  
Baptist Family and Children Services offers  
free case management and counseling to  
at-risk kids ages 0-17  
[www.bcfs.net](http://www.bcfs.net)  
[www.discoverbcfs.net/star](http://www.discoverbcfs.net/star)  
(210) 283-5183

St. PJ's Counseling Center at St. Peter-St.  
Joseph Children's Home  
Children, Families, LGBTQ.  
919 Mission Road, 78210  
[www.stpjhome.org](http://www.stpjhome.org)  
(210) 533-1203

## SPANISH COUNSELING - REDUCED FEE

Catholic Counseling Services  
Adults, Children, Family, Teens.  
Bilingual  
231 W. Commerce, 78205  
[www.ccaosa.org](http://www.ccaosa.org)  
(210) 377-1133

Community Counseling Services at OLLU  
Bilingual. Children, Family, LGBTQ.  
590 N. General McMullin, 78228  
[www.ollusa.edu](http://www.ollusa.edu)  
(210) 434-1054

## COMMUNITY COUNSELING - NO COST

Children's Bereavement Center – South Texas  
Ages 5 years old to Teens.  
205 W Olmos Dr., 78212  
<https://cbcst.org/>  
(210) 736-4847

UTSA Sarabia Family Counseling Center  
All Ages -  
501 West Cesar Chavez Blvd., 78207  
<http://education.utsa.edu/community-family-life-center/>  
(210) 458-2055



## CHRISTIAN PSYCHIATRISTS

Dr. Jeffrey Benzik  
14800 San Pedro Ave. Ste. 110, 78232  
<http://www.prescribingwithcare.com/>  
(210) 490-9850

Dr. Ted Williams  
1380 Pantheon Way, Ste. 310, 78232  
[www.genesispsychiatric.com](http://www.genesispsychiatric.com)  
(210) 404-9696

## MENTAL HEALTH URGENT CARE

Center for Health Care Services – 24/7 Crisis,  
Screening, evaluation and crisis intervention  
601 N. Frio Street, Bldg. 1, 78207  
<http://chcsbc.org/>  
210-223-7233 Crisis Line  
800-316-9241

San Antonio Behavioral Healthcare Hospital  
Mental Health Service in San Antonio, Texas  
*Most Insurance/Self Pay Rate \$1,000 per day*  
Open 24 hours  
8550 Huebner Rd, 78240  
[www.sanantoniobehavioral.com](http://www.sanantoniobehavioral.com)  
(210) 541-5300

Sigma Mental Health Urgent Care  
18587 Sigma Rd., Ste. 260  
San Antonio, TX 78258  
[www.sigmamhuc.com](http://www.sigmamhuc.com)  
(210) 314-4564

Clarity Child Guidance Center – Non-Profit  
Outpatient Mental Health Treatment for  
Children, Families, Teens.  
[www.claritycgc.org](http://www.claritycgc.org)  
(210) 616-0300

## ONLINE - WWW.COUNSELORCHAT.COM

Coulter, Charles, LPC  
Family, Marriage, Relationship, Sexual  
Addictions, Teens.  
18834 Stone Oak Pkwy, Ste. 104, 78258  
[www.thebestmarriage.com](http://www.thebestmarriage.com)  
(210) 849-7264

Harrison, Janet Andrews, LPC-S, LMFT-S  
Family, Military, Relationships, Teens,  
Women.  
18834 Stone Oak Pkwy, Ste. 104, 78258  
[www.Stoneoakcounseling.com](http://www.Stoneoakcounseling.com)  
(210) 863-2304

Mark Postell, MS, LPC  
Family, Marriage, Premarital, Teens.  
18834 Stone Oak Pkwy Suite 104 - 78258  
[www.thecounselingpost.com](http://www.thecounselingpost.com)  
(210) 710-7999  
Reduced fee with CBC referral

## SKYPE

Preston, Lee, LPC  
Same Sex Attraction, Sexual Abuse, Sexual  
Addiction, Trauma.  
175 Quarter Horse Ln, Fischer, TX 78623  
[www.shadowofhiswingsministry.com](http://www.shadowofhiswingsministry.com)  
(210) 887-9007 Skype Counseling Available

COMMUNITY BIBLE CHURCH PROVIDES THE ABOVE SUPPORT SERVICES INFORMATION FOR REFERRAL ONLY. THIS LIST IS NOT MEANT TO IMPLY AN ENDORSEMENT BY CBC.