

**TEXT:** Ephesians 6:14: *“Stand therefore, having fastened on the belt of truth (gird up your loins with truth)...”*

**TARGET:** A life based in truth is a life that is tethered to truth, thus allowing every thought, belief, action to be filtered and applied in what is good, honorable and right.

**TEACHING PRINCIPLES:** We now shift in the series from talking about the Scope of Warfare, Schemes in Warfare, and the Strength through Warfare, to now the Safeguard in Spiritual Warfare. The Battle Armor begins with...**THE BELT OF TRUTH!**

I. **OF THE BELT:** *“fastened or girded”* (Vs. 14)

- a. **Supported the Core:** Enabling Stability
- b. **Shielded the Crotch:** Enforcing Security

II. **OF THE BELT:** *“on the belt”* (Vs. 14)

- a. **Place for Useful Tools:** Causing Accessibility
- b. **Positioned to Uphold the Tunic:** Creating Maneuverability

III. **OF THE BELT:** *“truth”* (Vs. 14)

- a. **Allows Perspective:** John 8:32: *“you will know the **truth**, and the **truth** will set you free”*
- b. **Anchors Purpose:** Psalm 86:11: *“Teach me your way, O Lord, that I may walk in your **truth**; unite my heart to fear your name”*
- c. **Affords Peace:** John 16:13: *“When the Spirit of **truth** comes, he will guide you into all the **truth**.”*

**Take Away:** Glean and gather while we hear Caleb’s testimony of how the phrase “But God” held him together as the belt of truth in the darkest of days.

**Write down what stands out to you below:**