Title: Margin Matters

Text: “Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is.” Ephesians 5:15-17

Target: To live a life with healthy boundaries that allow “U” to do more with less.

I. Understanding of Margin: “Margin is the space between our load (Expectations) and our limits (Exasperations)” - Dr. Richard Swensen
   A. Minutes: Margin Stress
   B. Money: Margin Strain
   C. Morals: Margin Sin
   D. Meaningful: Margin Strife

II. Urgency for Margin: F.O.M.O. Is Real!
   A. Expanded our Load: (Beyond Capacity)
      1. Busyness has become a badge of honor.
      2. Sleeplessness has become synonymous with success.
   B. Exceeded our Limits: (4 Stages of Burn-Out)
      1. Fatigue
      2. Fearful
      3. Fatalistic
      4. Failure

III. usefulness in Margin: To be Created & Cultivated
   A. Surrender your Schedule: (Mark 1:36)
   B. Prioritize your Spending: (Proverbs 3:9-10)
   C. Acknowledge your Standards: (1 Cor. 6:12)
   D. Calendar the Significant: (Psalm 90:12)
   E. Evaluate with Sincerity: (Psalm 119:96)

Take Away: Do you like the person you are becoming?