



## PROFESSIONAL RECOVERY REFERRALS

Community Bible Church provides the following support service information for referrals only. This list is not meant to imply endorsement by Community Bible Church. All questions regarding insurance, credentials and specializations need to be asked of the individual offices and programs listed below. They will be able to give you the most current and accurate information.

### OUTPATIENT RECOVERY

1. **Alamo City Treatment Services/Right Step** (Local, Christian, outpatient treatment for teens and adults)  
[www.acts2001.com](http://www.acts2001.com) 210-541-8400
2. **Creekview Counseling** (Local, Christian, outpatient programs for teens and adults)  
[www.creekviewcounseling.com](http://www.creekviewcounseling.com) 210-280-0262
3. **Eating Disorder Center** (Local outpatient treatment for anorexia, bulimia, binge-eating in children, adolescents and adults) [www.edc-asa.com](http://www.edc-asa.com) 210-826-7447
4. **Family Service Outpatient Treatment** (for individual and group counseling to adolescents and adults who need supportive services in order to seek a life free from substances abuse.) [www.family-service.org](http://www.family-service.org)  
210-299-2771
5. **Memorial Hermann Prevention and Recovery Centers (PaRC) Intensive Outpatient Program**  
Adult and teen alcohol and drug rehabilitation [www.parc.memorialhermann.org/locations/san-antonio-intensive-outpatient-program](http://www.parc.memorialhermann.org/locations/san-antonio-intensive-outpatient-program) 210-781-4627
6. **Rise Recovery, Home of The Palmer Drug Abuse Program** (teens and their families; individual counseling, group meetings, and retreats/activities; free but donations are appreciated) [www.riserecovery.org](http://www.riserecovery.org)  
210-227-2634

### INDIVIDUAL RECOVERY COUNSELING

Coulter, Charles, LPC  
Sexual Addictions  
18834 Stone Oak Pkwy, Ste.104, 78258  
[www.thebestmarriage.com](http://www.thebestmarriage.com)  
210-849-7264

Ecke, Stephanie, LPC  
Addictions, Codependency, COSA  
16350 Blanco Rd. Ste. 110B 78232  
[www.thetraumaqueen.com](http://www.thetraumaqueen.com)  
210-287-4002

Gray, Ginger LCSW  
Abuse, Recovery  
19115 FM2252, Ste. 12, 78266  
[www.abidinghopecc.com](http://www.abidinghopecc.com)  
210-302-8576

Lambiase, Sherri, LPC-S  
Anger, COSA, Sexual Addiction  
540 Madison Oak, Suite 340, 78258  
[www.northsidefamilycc.com](http://www.northsidefamilycc.com)  
[northsidefcc@gmail.com](mailto:northsidefcc@gmail.com)  
210-789-7683



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Lowman, Daren D., LMFT, CSAT  
Sex Addiction  
26254 Interstate 10W, Suite 240, TX 78006  
[www.boernecounselingcenter.com](http://www.boernecounselingcenter.com)  
210-593-8141

Preston, Lee, LPC  
Same Sex Attraction, Sexual Abuse, Sexual  
Addiction  
175 Quarter Horse Ln, Fischer, TX 78623  
[www.shadowofhiswingsministry.com](http://www.shadowofhiswingsministry.com)  
210-887-9007 Skype Counseling Available

O'Connell, Mina, MS, LMFT, PLLC  
Eating Disorders  
4230 Gardendale Building 601, 78229  
[m.oconnell@outlook.com](mailto:m.oconnell@outlook.com)  
210-995-8968

Schroeder, Dale, LMFT, LPC, LCDC  
Addictions, Dual Diagnosis  
15303 Huebner Rd, Ste. 10, 78248  
[www.schroederfamilycounseling.com](http://www.schroederfamilycounseling.com)  
210-834-2200

## INPATIENT RECOVERY (PRIVATE PAY/INSURANCE)

1. **Covenant Hills Treatment Center** (Christian and traditional 12 step recovery for adults and their families)  
[www.covhills.com](http://www.covhills.com) 800-662-2873
2. **La Hacienda Solutions** (Inpatient adult treatment program in Hunt, TX) [www.lahacienda.com](http://www.lahacienda.com)  
800-749-6160
3. **Laurel Ridge Treatment Center** (Residential short and long term, partial hospitalization, day treatment in San Antonio) 17720 Corporate Woods Dr., 78259 [www.laurelridgetc.com](http://www.laurelridgetc.com) 210-491-9400
4. **Phoenix House** (Inpatient for teens) [www.phoenixhouse.org/get-help/for-a-teen](http://www.phoenixhouse.org/get-help/for-a-teen) 888-286-5027
5. **Remuda Ranch** (Christian, eating disorders program for women and adolescent girls in AZ and VI)  
[www.remudaranch.com](http://www.remudaranch.com) 800-445-1900
6. **San Antonio Recovery Center** (Inpatient and Outpatient treatment in San Antonio, lower cost for private pay--Detox and mental health assessment available) 17 years and older [www.rusober.com](http://www.rusober.com) 866-557-6237
7. **Starlite Recovery Center** (Inpatient program for adults and teens in Centerpoint, TX--Detox available)  
[www.starliterecovery.com](http://www.starliterecovery.com) 866-220-1626
8. **YouthTown** (12 step recovery for teens in TN) [www.youthtown.net](http://www.youthtown.net) 888-274-2036

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## INPATIENT RECOVERY (SLIDING SCALE/FREE)

1. **Alpha Home** (Inpatient and outpatient treatment for adult women in 3 locations)  
[www.alphahome.org](http://www.alphahome.org) 210-735-3822
2. **Lifetime Recovery** (90 day inpatient and 180 day outpatient treatment in San Antonio)  
18 years or older [www.lifetimerecoverytx.org](http://www.lifetimerecoverytx.org) 210-633-0201
3. **Salvation Army Adult Rehabilitation Center** (Holistic rehabilitation for adults)  
[www.salvationarmyarcasa.org/index.htm](http://www.salvationarmyarcasa.org/index.htm) 210-223-6877
4. **Serenity House** (Inpatient detox in Abilene and inpatient in Fredericksburg, state funded)  
18 years or older [www.serenitytexas.com](http://www.serenitytexas.com) 866-795-4673
5. **Teen Challenge** (13 month Christian residential program from men and women 18 and older)  
[www.tctexas.org](http://www.tctexas.org) 210-624-2075

## DETOX FACILITIES

1. **Center for Health Care Services – Crisis Center for Detox** (Inpatient detoxification and stabilization)  
[www.chcsbc.org/restoration](http://www.chcsbc.org/restoration) 210-246-1360
2. **Laurel Ridge Treatment Center** (Inpatient detoxification and stabilization) [www.laurelridgetc.com](http://www.laurelridgetc.com)  
210-491-3591 or 800-624-7975
3. **Methodist Specialty and Transplant Hospital** (detox only; no treatment – no opiate detox)  
[www.sahealth.com/hl/?/464599/Getting-Treatment-for-Drug-Addiction](http://www.sahealth.com/hl/?/464599/Getting-Treatment-for-Drug-Addiction) 210-575-0500
4. **Nix Specialty Health Center** (Detox and Behavioral Health Services for Adults and Adolescents)  
[www.nixhealth.com/Services/Behavioral-Mental-Health.aspx](http://www.nixhealth.com/Services/Behavioral-Mental-Health.aspx) 210-579-3800

## HALFWAY HOUSES

1. **Grace House** (a transitional house for women) [www.gracehousesa.com](http://www.gracehousesa.com) 210-493-7884
2. **Oxford Houses** (separate houses for men and women) [www.oxfordhouse.org](http://www.oxfordhouse.org) 301-587-2916



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## RECOVERY HOTLINES

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|---|--------------|
| 1. Ala-teen   | 800-352-9996 |
| 2. Drug Abuse National Helpline   | 800-662-4357 |
| 3. Drug and Alcohol Resource Center   | 800-390-4056 |
| 4. Families Anonymous   | 800-736-9805 |
| 5. Focus on the Family <a href="http://www.focusonthefamily.com">www.focusonthefamily.com</a>                           | 800-A-FAMILY |
| 6. Local Crisis Hotline (Mental Health)   | 210-223-7233 |
| 7. National Association for Children of Alcoholics  | 888-554-2627 |
| 8. New Life (Every Man's Battle) <a href="http://www.everymansbattle.com/findhelp">www.everymansbattle.com/findhelp</a> | 800-NEW-HOPE |
| 9. Recovery Options Crisis Lifeline   | 877-722-4455 |

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