



PROFESSIONAL RECOVERY REFERRALS

Community Bible Church provides the following support service information for referrals only. This list is not meant to imply endorsement by Community Bible Church. All questions regarding insurance, credentials and specializations need to be asked of the individual offices and programs listed below. They will be able to give you the most current and accurate information.

OUTPATIENT RECOVERY

1. **Alamo City Treatment Services/Right Step** (Local, Christian, outpatient treatment for teens and adults) www.acts2001.com 210-541-8400
2. **Be Broken Ministries** (Local, Christian, helps men, women, marriages and families overcome porn and sexual strongholds) www.2.bebroken.com 210-822-8201
3. **Eating Disorder Center** (Local outpatient treatment for anorexia, bulimia, binge-eating in children, adolescents and adults) www.edc-asa.com 210-826-7447
4. **Family Service Outpatient Treatment** (for individual and group counseling to adolescents and adults who need supportive services in order to seek a life free from substances abuse.) www.family-service.org 210-299-2771
5. **Memorial Hermann Prevention and Recovery Centers (PaRC) Intensive Outpatient Program**
Adult and teen alcohol and drug rehabilitation www.parc.memorialhermann.org/locations/san-antonio-intensive-outpatient-program 210-781-4627
6. **Rise Recovery, Home of The Palmer Drug Abuse Program** (teens and their families; individual counseling, group meetings, and retreats/activities; free but donations are appreciated) www.riserecovery.org 210-227-2634

INDIVIDUAL RECOVERY COUNSELING

Coulter, Charles, LPC
Sexual Addictions
18834 Stone Oak Pkwy, Ste.104, 78258
www.thebestmarriage.com
210-849-7264

Ecke, Stephanie, LPC
Addictions, Codependency, COSA
16350 Blanco Rd. Ste. 110B 78232
www.thetraumaqueen.com
210-287-4002

Gray, Ginger LCSW
Abuse, Recovery
19115 FM2252, Ste. 12, 78266
www.abidinghopecc.com
210-302-8576

Lambiase, Sherri, LPC-S
Anger, COSA, Sexual Addiction
540 Madison Oak, Suite 340, 78258
www.northsidefamilycc.com
northsidefcc@gmail.com
210-789-7683



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Lowman, Daren D., LMFT, CSAT
Sex Addiction
26254 Interstate 10W, Suite 240, TX 78006
www.boernecounselingcenter.com
210-593-8141

O'Connell, Mina, MS, LMFT, PLLC
Eating Disorders
4230 Gardendale Building 601, 78229
m.oconnell@outlook.com
210-995-8968

Preston, Lee, LPC
Same Sex Attraction, Sexual Abuse, Sexual
Addiction
175 Quarter Horse Ln, Fischer, TX 78623
www.shadowofhiswingsministry.com
210-887-9007 Skype Counseling Available

Murphy, Steven, LCDC AADC
Assessments for addiction (employment, professional/boards,
government agencies), custody cases, local or out of state
drug and alcohol evaluations
12042 Blanco Rd Ste 101, 78216
www.acts2001.com
210-541-8400

Schroeder, Dale, LMFT, LPC, LCDC
Addictions, Dual Diagnosis
15303 Huebner Rd, Ste. 10, 78248
www.schroederfamilycounseling.com
210-834-2200

INPATIENT RECOVERY (PRIVATE PAY/INSURANCE)

1. **Elements Behavioral Health**- The Right Step Hill Country for detox, rehabilitation and dual diagnosis treatments for adults. In Wimberley, TX www.elementsbehavioralhealth.com
2. **La Hacienda Solutions** (Inpatient adult treatment program in Hunt, TX) www.lahacienda.com
800-749-6160
3. **Laurel Ridge Treatment Center** (Residential short and long term, partial hospitalization, day treatment in)
4. **Phoenix House** (Inpatient for teens) www.phoenixhouse.org/get-help/for-a-teen 888-286-5027
5. **Remuda Ranch** (Christian, eating disorders program for women and adolescent girls in AZ and VI) www.remudaranch.com 800-445-1900
6. **San Antonio Recovery Center** (Inpatient and Outpatient treatment in San Antonio, lower cost for private pay--Detox and mental health assessment available) 17 years and older www.rusober.com 866-557-6237
7. **Starlite Recovery Center** (Inpatient program for adults and teens in Centerpoint, TX--Detox available) www.starliterecovery.com 866-220-1626
8. **YouthTown** (12 step recovery for teens in TN) www.youthtown.net 888-274-2036

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INPATIENT RECOVERY (SLIDING SCALE/FREE)

1. **Alpha Home** (Residential, female & outpatient, male and female, treatment & an intervention Family First program for pregnant women, or for women and men with children up to 6 years of age. Three locations in the city.) www.alphahome.org 210-735-3822
2. **Lifetime Recovery** (90 day inpatient and 180 day outpatient treatment in San Antonio) 18 years or older www.lifetimerecoverytx.org 210-633-0201
3. **Salvation Army Adult Rehabilitation Center** (Holistic rehabilitation for adults) www.salvationarmyarcsoa.org/index.htm 210-223-6877
4. **Serenity House** (Inpatient detox in Abilene and inpatient in Fredericksburg, state funded) 18 years or older www.serenitytexas.com 866-795-4673
5. **Teen Challenge** (13 month Christian residential program from men and women 18 and older) www.tctexas.org 210-624-2075

DETOX FACILITIES

1. **Center for Health Care Services – Crisis Center for Detox** (Inpatient detoxification and stabilization) www.chcsbc.org/restoration 210-246-1360
2. **Laurel Ridge Treatment Center** (Inpatient detoxification and stabilization) www.laurelridgeetc.com 210-491-3591 or 800-624-7975
3. **Methodist Specialty and Transplant Hospital** (detox only; no treatment – no opiate detox) www.sahealth.com/hl/?/464599/Getting-Treatment-for-Drug-Addiction 210-575-0500
4. **Nix Specialty Health Center** (Detox and Behavioral Health Services for Adults and Adolescents) www.nixhealth.com/Services/Behavioral-Mental-Health.aspx 210-579-3800

HALFWAY HOUSES

1. **Grace House** (a transitional house for women) www.gracehousesa.com 210-493-7884
2. **Oxford Houses** (separate houses for men and women) www.oxfordhouse.org 301-587-2916



ADDITIONAL RECOVERY RESOURCES

RECOVERY COACHING

1. **San Antonio Council on Alcohol and Drug Awareness (SACADA)**- Provides recovery coaching and support services, Substance Abuse Screenings and Assessments, education and training. www.sacada.org

RECOVERY INTERVENTION

1. **Love First**- Clayton Sponhaltz, LCDC www.lovefirst.net 210-413-3180

REHABILITATION FOR DRUGS, ALCOHOL AND OTHER CONDITIONS

1. **Elements Behavioral Health**- Treatment for drugs, alcohol, sex, food, personality disorders, gambling and trauma. www.elementsbehavioralhealth.com
2. **The Meadows**- Treatment for drugs, alcohol, codependency, love and sex, mental health, trauma and eating disorders. www.gentlepathmeadows.com
3. **The Recovery Village**- Information on recovery and treatment www.therecoveryvillage.com
4. **Life Skills for Living**- Court approved anger management classes (in-person or online), stress management classes, and conflict resolution classes. www.lifeskillsforliving.org

RECOVERY HOTLINES

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| 1. Ala-teen | 800-352-9996 |
| 2. Drug Abuse National Helpline | 800-662-4357 |
| 3. Drug and Alcohol Resource Center | 800-390-4056 |
| 4. Families Anonymous | 800-736-9805 |
| 5. Focus on the Family www.focusonthefamily.com | 800-A-FAMILY |
| 6. Local Crisis Hotline (Mental Health) | 210-223-7233 |
| 7. National Association for Children of Alcoholics | 888-554-2627 |
| 8. New Life (Every Man's Battle) www.everymansbattle.com/findhelp | 800-NEW-HOPE |
| 9. Recovery Options Crisis Lifeline | 877-722-4455 |

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