

Title: Kingdom Priorities

Text: Matthew 6:25-34

Target: To address the reality of anxiety in everyday life and learn how to deal with it by letting Jesus have it.

1. **Concern AGAINST Anxiety:** *“Therefore I tell you, do not be Anxious”* (Vs. 25a)
 - a. **Frequency conveys Urgency:** Mentioned “6” times.
 - b. **Feeling that is Universal:** No one is exempt.
 - c. **Fear of the Unknown:** Lack of control.

2. **Consideration AGAINST Anxiety:** Perspective and Principle.
 - a. **Lessons from Nature:**
 - i. **Birds of the Air:** *“Look at the birds of the air”* (Vs. 26)
 - ii. **Lilies of the Field:** *Consider the lilies of the field* (Vs. 28)
 - b. **Love doesn’t Neglect:**
 - i. **God Provides:** *“yet your heavenly Father feeds them.”* (Vs. 26)
 - ii. **God Promises:** *“will he not much more clothe you”* (Vs. 30)

3. **Command AGAINST Anxiety:** *“do not be anxious”* (Vs. 25, 31, 34)
 - a. **Unreasonable:** *“Are you not more valuable than they?”* (Vs. 26)
 - b. **Unproductive:** *“Can add a single hour to his span of life?”* (Vs 27)
 - c. **Unbelief:** *“O you of little faith?”* (Vs. 30)
 - d. **Unseen:** *“Your heavenly Father knows that you need them all”* (Vs. 32)

4. **Comfort AGAINST Anxiety:** *“But seek first the kingdom of God and his righteousness, and all these things will be added to you.”* (Vs. 33)
 - a. **Seek First:** *“kingdom of God and His Righteousness”*
 - b. **Stay Focused:** *“Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself.”* (Vs. 34)
 - c. **Stand Firm:** *“Sufficient for the day is its own trouble.”* (34b)

Take Away: There is not a one size fits all solution towards anxiety. For every person faces anxiety circumstantially or chemically or even both but find **R.E.S.T.** that Jesus is willing to face Anxiety with you and for you!