

Sermon Discussion Questions

“Kingdom Priorities”

Matthew 6:25-34

Oct 26, 2019

Getting Started

We want to address the reality of anxiety in everyday life and learn how to deal with it by letting Jesus have it.

What things cause you the most anxiety in your life?

Going Deeper

Concern AGAINST Anxiety: *“Therefore I tell you, do not be Anxious”* (Vs. 25a)

Frequency conveys Urgency: Mentioned “6” times.

Feeling that is Universal: No one is exempt.

Fear of the Unknown: Lack of control.

Insecurity is defined as: the state of being open to danger or threat; lack of protection or control of a situation. Why do you think people struggle with this?

Consideration AGAINST Anxiety: Perspective and Principle.

Lessons from Nature:

Birds of the Air: *“Look at the birds of the air”* (Vs. 26)

Lilies of the Field: *Consider the lilies of the field* (Vs. 28)

Love doesn't Neglect:

God Provides: *“yet your heavenly Father feeds them.”* (Vs. 26)

God Promises: *“will he not much more clothe you”* (Vs. 30)

As humans, we are unique among all creation, being made in the image and likeness of God. Since God takes care of nature and animals, how much more will He take care of us? How has He shown His loving care to you?

Command AGAINST Anxiety: *“do not be anxious”* (Vs. 25, 31, 34)

Unreasonable: *“Are you not more valuable than they?”* (Vs. 26)

Unproductive: *“Can add a single hour to his span of life?”* (Vs 27)

Unbelief: *“O you of little faith?”* (Vs. 30)

Unseen: *“Your heavenly Father knows that you need them all”* (Vs. 32)

Worrying means I don't think God can take care of me. It goes against everything the Bible says about God's goodness. It doesn't take away tomorrow's troubles, but it does take away today's peace. How can we help you choose faith over worry the next time a tough situation comes up?

Comfort AGAINST Anxiety: *“But seek first the kingdom of God and his righteousness, and all these things will be added to you.”* (Vs. 33)

Seek First: *“kingdom of God and His Righteousness”*

Stay Focused: *“Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself.”* (Vs. 34)

Stand Firm: *“Sufficient for the day is its own trouble.”* (34b)

Brain researchers have recently proven that the idea of multi-tasking is impossible. Jesus' words here emphasize that truth. If I focus on seeking God's kingdom and righteous living, I'll never have the time or the focus to worry. How will you walk differently this week in order to put this truth into practice?

Take Away: There is not a one size fits all solution towards anxiety. For every person faces anxiety circumstantially or chemically or even both but find **R.E.S.T.** that Jesus is willing to face Anxiety with you and for you!

R _____ E _____ S _____ T _____

Prayer