



# Professional Recovery Referrals

provided by Care & Support Ministry



Community Bible Church provides the following support service information for referrals only. This list is not meant to imply endorsement by Community Bible Church. All questions regarding insurance, credentials and specializations need to be asked of the individual offices and programs listed below. They will be able to give you the most current and accurate information.

## Outpatient Recovery

**Alamo City Treatment Services/Right Step** Local, Christian, outpatient treatment for teens and adults, [www.aacts2001.com](http://www.aacts2001.com), 210-541-8400

**Be Broken Ministries** Local, Christian, helps men, women, marriages and families overcome porn and sexual strongholds, [www.2.bebroken.com](http://www.2.bebroken.com), 210-822-8201

**Eating Recovery Center** Men, women, adolescents and children suffering from anorexia, bulimia, binge eating disorder and other unspecified eating disorders, [www.eatingrecoverycenter.com](http://www.eatingrecoverycenter.com), 210-826-7447

**Family Service Outpatient Treatment** For individual and group counseling to adolescents and adults who need supportive services in order to seek a life free from substance abuse. [www.family-service.org](http://www.family-service.org), 210-299-2771

**Memorial Hermann Prevention and Recovery Centers (PaRC) Intensive Outpatient Program** Adult and teen alcohol and drug rehabilitation, [www.parc.memorialhermann.org](http://www.parc.memorialhermann.org), 210-781-4627

**Rise Recovery, Home of The Palmer Drug Abuse Program** Teens and their families; individual counseling, group meetings, retreats and activities. [www.riserecovery.org](http://www.riserecovery.org), 210-227-2634

## Inpatient/Residential Recovery- Sliding scale/Free

**Adult & Teen Challenge** Long-term Christian residential addiction and alcoholism recovery centers in several locations across Texas. [www.teenchallengetx.org](http://www.teenchallengetx.org), 210-624-2075

**Alpha Home** Residential-female. Outpatient- male and female. Intervention and treatment for families. Parenting and pregnancy program. [www.alphahome.org](http://www.alphahome.org), 210-735-3822

**Lifetime Recovery** 90 day inpatient for men and 180 day outpatient treatment for men & women in San Antonio. 18 years and older. [www.lifetimerecoverytx.org](http://www.lifetimerecoverytx.org), 210-633-0201

**Salvation Army Adult Rehabilitation Center** Holistic rehabilitation for adults. [www.gethelp.salvationarmyusa.org](http://www.gethelp.salvationarmyusa.org), 1-800-728-7825

**Serenity House** Inpatient detox in Abilene and Fredericksburg. [www.serenitytexas.com](http://www.serenitytexas.com), 325-603-4067

## Inpatient/Residential Recovery- Private Pay/Insurance

**La Hacienda Solutions** Inpatient adult treatment program in Hunt, TX [www.lahacienda.com](http://www.lahacienda.com), 1-800-749-6160

**Laurel Ridge Treatment Center** Residential short and long term, partial hospitalization, day treatment in San Antonio. [www.laurelridgetc.com](http://www.laurelridgetc.com), 210-491-9400

**Phoenix House** Inpatient for teens. Several locations in Texas. [www.phoenixhouse.org/get-help/for-a-teen](http://www.phoenixhouse.org/get-help/for-a-teen), 1-888-671-9392

**Promises Behavioral Health** The Right Step Hill Country for detox, rehabilitation and dual diagnosis treatments for adults. In Wimberley, TX [www.promisesbehavioralhealth.com](http://www.promisesbehavioralhealth.com), 1-844-875-5609

**San Antonio Recovery Center** Inpatient & outpatient treatment in San Antonio. Detox and mental health assessment available. [www.sanantoniorecoverycenter.com](http://www.sanantoniorecoverycenter.com), 1-866-957-7885

**Starlite Recovery Center** Inpatient program for adults & teens in Centerpoint, TX--Detox available. [www.starliterecovery.com](http://www.starliterecovery.com), 830-469-4787

**The Meadows Ranch** Eating disorders program in AZ for women and adolescent girls. [www.meadowsranch.com](http://www.meadowsranch.com), 1-866-390-5100

**YouthTown** Christian residential 12 step recovery for teens in TN. [www.youthtown.net](http://www.youthtown.net), 1-888-274-2036

## Detox Facilities

**Center for Health Care Services - Crisis Center for Detox** Inpatient detoxification and stabilization. [www.chcsbc.org](http://www.chcsbc.org). 210-246-1360

**Laurel Ridge Treatment Center** Inpatient detoxification and stabilization. [www.laurelridgetc.com](http://www.laurelridgetc.com), 210-491-3591 or 1-800-624-7975

**Methodist Specialty and Transplant Hospital** Detox only, no treatment- no opiate detox  
<https://sahealth.com/specialties/behavioral-health?location=methodist-hospital-specialty-and-transplant>, 210-575-0500

## Sober Living Houses

**Grace House** Transitional house for women. [www.gracehousesa.org](http://www.gracehousesa.org), 210-493-7884

**Oxford House** Separate houses for men and women. [www.oxfordhouse.org](http://www.oxfordhouse.org), 301-587-2916

## Individual Recovery Counseling

Coulter, Charles, LPC  
Sexual Addictions  
18834 Stone Oak Pkwy, Ste 104, 78258  
[www.thebestmarriage.com](http://www.thebestmarriage.com)  
210-849-7264

Ecke, Stephanie, LPC  
Addictions, Codependency, COSA  
16607 Blanco Rd, Ste 1504, 78232  
[www.thetraumaqueen.com](http://www.thetraumaqueen.com)  
210-287-4002

Gray, Ginger, LCSW  
Abuse, Recovery  
19115 Fm 2252, Ste 12, 78266  
[www.abidinghopec.com](http://www.abidinghopec.com)  
210-302-8576

Lambiase, Sherri, LPC-S  
Anger, COSA, Sexual Addiction  
540 Madison Oak, Ste 340, 78258  
[www.northsidefamilycc.com](http://www.northsidefamilycc.com)  
210-789-7683

Lowman, Daren D., LMFT, CSAT  
Sex Addiction  
26254 IH 10 West, Ste 240, Boerne,  
78006  
[www.boernecounselingcenter.com](http://www.boernecounselingcenter.com)  
210-593-8141

O'Connell, Mina, LMFT, PLLC  
Eating Disorders  
4230 Gardendale, Bldg 601, 78229  
[m.oconnell@outlook.com](mailto:m.oconnell@outlook.com)  
210-995-8968

Preston, Lee, LPC  
Same Sex Attraction, Sexual Abuse,  
Sexual Addiction  
175 Quarter Horse Ln, Fischer, 78263  
[www.shadowofhiswingsministry.com](http://www.shadowofhiswingsministry.com)  
210-887-9007  
*Skype counseling available*

Schroeder, Dale, LMFT, LPC, LCDC  
Addictions, Dual Diagnosis  
15303 Huebner Rd., Ste. 10, 78248  
[www.schroederfamilycounseling.com](http://www.schroederfamilycounseling.com)  
210-834-2200

Murphy, Steven, LCDC AADC  
Assessments for addiction (employment,  
professional/boards, government  
agencies), custody cases, local or out of  
state drug and alcohol evaluations  
12042 Bland Rd, Ste 101, 78216  
[www.acts2001.com](http://www.acts2001.com)  
210-541-8400

## Recovery Coaching

**San Antonio Council on Alcohol and Drug Awareness (SACADA)** Provides recovery coaching and support services, substance abuse screenings and assessments, education and training. [www.sacada.org](http://www.sacada.org)

## Recovery Intervention

**Love First-** Clayton Sponhaltz, LCDC [www.lovefirst.net](http://www.lovefirst.net), 210-413-3180

## Rehabilitation for Drugs, Alcohol and Other Conditions

**Promises Behavioral Health** Treatment for drugs, alcohol, sex, food, personality disorders, gambling and trauma.  
[www.promisesbehavioralhealth.com](http://www.promisesbehavioralhealth.com), 1-844-875-5609

**The Meadows** Treatment for drugs, alcohol, codependency, love and sex, mental health, trauma and eating disorders.  
[www.gentlepathmeadows.com](http://www.gentlepathmeadows.com)

**The Recovery Village** Information on recovery and treatment. [www.therecoveryvillage.com](http://www.therecoveryvillage.com)

## Recovery Hotlines

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| Ala-teen (resource for teens with a loved one with an addiction)   | 1-800-352-9996 |
| Drug Abuse National Helpline   | 1-800-662-4357 |
| Drug and Alcohol Resource Center   | 1-800-390-4056 |
| Focus on the Family <a href="http://www.focusonthefamily.com">www.focusonthefamily.com</a>                           | 1-800-A-FAMILY |
| Local Crisis Hotline (Mental Health)   | 210-223-7233   |
| National Association for Children of Alcoholics <a href="http://www.nacoa.org">www.nacoa.org</a>                     | 1-888-554-2627 |
| New Life (Every Man's Battle) <a href="http://www.everymansbattle.com/findhelp">www.everymansbattle.com/findhelp</a> | 1-800-NEW-HOPE |
| Recovery Options Crisis Lifeline (Christian treatment center, placement & counseling)                                | 1-877-722-4455 |