Title: Closed on Sunday
Text: Exodus 20:8-11
Target: We exist and function within limitations, but God doesn’t! He wants you to find fulfillment and meaning in His strength in and through you.

I. **Origin of the Sabbath:** “Remember the Sabbath Day, to keep it holy.” (Vs.8)
   A. **Points back to the Creation:** Genesis 2:2-3
      1. **God Rested** - Setting the example
      2. **God Rejoiced** - Invites Adam and Eve into His rest.
      3. **God Reveals** - We are to work from a place of rest.
      4. **God Rewards** - Working was not a part of the curse of sin.
   B. **Points back to Redemption:** Deuteronomy 5:15

II. **Observing the Sabbath:** “Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God.” (Vs. 9-10a)
   A. **It was a Signature:** Work hard because it is holy!
   B. **It was a Sign:** God is in control, and I am not!
   C. **It was a Statement:**
      1. **Trust in His Provision:** Double portion on the sabbath.
      2. **Trust in His Protection:** Served as their shield in battle.

III. **Obedience to the Sabbath:** “On it you shall not do any work” (Vs. 10b)
   A. **Distortion of the Command:** This command was never intended to be a burden. (Luke 14:1-5)
   B. **Distinction of the Command:** How did Jesus treat the Sabbath?
      1. A day to go to the Synagogue (Luke 4:16)
      2. Refers to Himself as the Lord of the Sabbath (Matthew 12:6-8)
      3. Sabbath was for man, not man for the Sabbath (Mark 2:27)
   C. **Direction of the Command:** Recharge & Reset
      1. **Spiritually:** Feed your Soul
      2. **Physically:** Strengthen your Body
      3. **Emotionally:** Share your Feelings
      4. **Mentally:** Clear your Mind

IV. **Overflow from the Sabbath:** “Therefore the LORD blessed the Sabbath day and made it holy.” (Vs. 11)
   A. **Margin creates Multiplication:** Tithing Time
      1. **Know your Capacity**
      2. **Prioritize your Calendar**
      3. **Evaluate your Circumstances**
   B. **Abiding causes Abounding:** John 15:4

Takeaway: What change will you make in your weekly rhythms that will indicate your willingness to obey this command?