

Title: Closed on Sunday

Text: Exodus 20:8-11

Target: We exist and function within limitations, but God doesn't! He wants you to find fulfillment and meaning in His strength in and through you.

- I. **Origin of the Sabbath:** *"Remember the Sabbath Day, to keep it holy."* (Vs.8)
 - A. **Points back to the Creation:** Genesis 2:2-3
 1. **God Rested** - Setting the example
 2. **God Rejoiced** - Invites Adam and Eve into His rest.
 3. **God Reveals** - We are to work from a place of rest.
 4. **God Rewards** - Working was not a part of the curse of sin.
 - B. **Points back to Redemption:** Deuteronomy 5:15

- II. **Observing the Sabbath:** *"Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God."* (Vs. 9-10a)
 - A. **It was a Signature:** Work hard because it is holy!
 - B. **It was a Sign:** God is in control, and I am not!
 - C. **It was a Statement:**
 1. **Trust in His Provision:** Double portion on the sabbath.
 2. **Trust in His Protection:** Served as their shield in battle.

- III. **Obedience to the Sabbath:** *"On it you shall not do any work"* (Vs. 10b)
 - A. **Distortion of the Command:** This command was never intended to be a burden. (Luke 14:1-5)
 - B. **Distinction of the Command:** How did Jesus treat the Sabbath?
 1. A day to go to the Synagogue (Luke 4:16)
 2. Refers to Himself as the Lord of the Sabbath (Matthew 12:6-8)
 3. Sabbath was for man, not man for the Sabbath (Mark 2:27)
 - C. **Direction of the Command:** Recharge & Reset
 1. **Spiritually:** Feed your Soul
 2. **Physically:** Strengthen your Body
 3. **Emotionally:** Share your Feelings
 4. **Mentally:** Clear your Mind

- IV. **Overflow from the Sabbath:** *"Therefore the LORD blessed the Sabbath day and made it holy."* (Vs. 11)
 - A. **Margin creates Multiplication:** Tithing Time
 1. **Know your Capacity**
 2. **Prioritize your Calendar**
 3. **Evaluate your Circumstances**
 - B. **Abiding causes Abounding:** John 15:4

Takeaway: What change will you make in your weekly rhythms that will indicate your willingness to obey this command?