

RESOLUTION

A LIFE IN FOCUS



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TITLE: Margin Matters

TEXT: "Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is." Ephesians 5:15-17

TARGET: To live a life with healthy boundaries that allow "U" to do more with less.

I. _____ of Margin: "Margin is the space between our **load** (_____) and our **limits** (_____)" - Dr. Richard Swensen

- A. **Minutes:** Margin ↓ _____ ↑
- B. **Money:** Margin ↓ _____ ↑
- C. **Morals:** Margin ↓ _____ ↑
- D. **Meaningful:** Margin ↓ _____ ↑

Quote: "No" is a complete sentence.

II. _____ for Margin: F.O.M.O is Real!

- A. _____ our Load: **(Beyond Capacity)**
 1. Busyness has become a badge of honor.
 2. Sleeplessness has become synonymous with success.
- B. _____ our Limits: **(4 Stages of Burn-out)**
 1. Fatigue
 2. Fearful
 3. Fatalistic
 4. Failure

Quote: The cost of living a life without margin does not just affect you, but everybody around you.

III. _____ in Margin: To be Created & Cultivated

- A. **Surrender your** _____ : **(Mark 1:36)**
- B. **Prioritize your** _____ : **(Proverbs 3:9-10)**
- C. **Acknowledge your** _____ : **(1 Corinthians 6:12)**
- D. **Calendar the** _____ : **(Psalm 90:12)**
- E. **Evaluate with** _____ : **(Psalm 119:96)**

Quote: If you don't determine your schedule, something or someone else will.

TAKE AWAY: Do you like the person you are becoming?

WELCOME!

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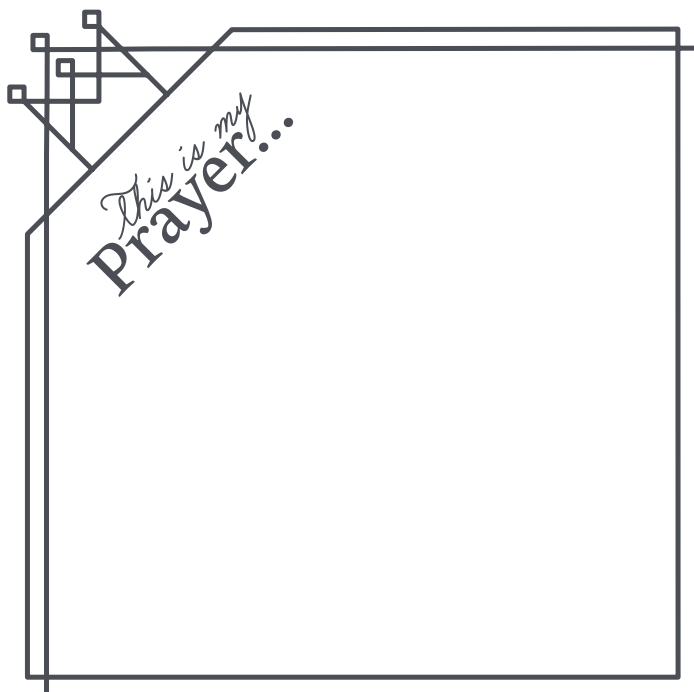
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▶▶ MISSION MOMENT

#3 JAN. 19

REAL 4 CHRIST: With the rise of secularism and spiritual doubt, the Gospel remains critical to the people of Spain. Currently, less than 2% of the Spanish population lives in authentic relationship with Jesus. In the midst of this, the Camino De Santiago is a network of pathways across the country for those seeking spiritual awakening. In past years, our CBC family has seen God open up many conversations with Camino pilgrims while on a short-term mission trip. Join us in prayer for this summer's Spain team who, once again, prepares to share Jesus and see a spiritual awakening for the Spanish church. To learn more about how you can be a part of this year's team to Spain, visit the Spain table in the lobby or check out stm.cbc.global.

▶▶ EVENTS

- 1.25 & 26 ▶ Baptisms
- 1.27 ▶ Membership Night
- 1.30 ▶ Women's Social

▶▶ SERVICE TIMES

- Saturday - 5:00PM*
- Sunday - 8:30AM, 10:00AM*, 11:45AM, 1:21PM

*ASL Interpreted Services

CBC FAMILIA

A nuestra comunidad que habla español: Queremos que todos ustedes sean parte de las cosas increíbles que Dios esta haciendo este año. **Acompáñenos los domingos a las 11:45am en el salón E-209 para más información.**

Escucha los servicios en Español a la 11:45am: Llama el numero (408) 638-0968, I.D. 425370757# o visita www.cbcenvivo.com



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WILL DO.



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