

Sermon Discussion Questions

Resolution: Know Yourself

Jan 25, 2020

1 Timothy 4:15-16 *“Practice these things; immerse yourself in them so that all may see your progress. Keep a close watch on yourself and on the teaching. Persist in this, for by doing so you will save both yourself and your hearers.”* The Apostle Paul to Timothy

Getting Started:

In order to lead others, you must be able to lead yourself, but you can't lead yourself, if you don't know yourself.

How have you figured out yourself? How did you learn about your temperament, your spiritual gifts, your tendencies, and your talents?

Going Deeper:

The Recognition of Self-Awareness: *“Practice these things, immerse yourself in them”* (Vs. 15)

Meaning: Ability to understand in the moment the impact of your words and actions towards other people both the positive and the negative.

Mindful: Admitting and Addressing the “Blind Spots”

Misleading: (Self Awareness > Self Focused)

Not Self-Consciousness

Not Self-Centeredness

The best way for most of us to become aware of our impact on others is to have someone else watch us during our interactions and see how we are impacting those we are talking with or working with. How have you learned to ‘read’ people? Who has helped you see your ‘blind spots’?

The Revelation of Self-Awareness: *“Keep a close watch on yourself and on the teaching.”* (Vs. 16)

Conscience Understanding:

Defining Moments (Past)

Discouraging Mistakes (Pains)

Driving Motives (Passions)

Clear Understanding:

Strengths

Weakness

Careful Understanding

Impression: (Communication 101)

Tone

Tact

Impact: (Managing Emotions)

Triggers

Temperament

‘Keeping a close watch on yourself’ is absolutely necessary for all of us as live out our faith in front of a watching world. A skeptical world is watching and waiting for you to slip up and be just another hypocrite so they can ignore your faith. In looking over the outline above, what have you learned about yourself that allows you to be all God made you to be, yet with gentleness and humility?

The Realization of Self Awareness: *“That all may see your progress...by so doing you will save both yourself and your hearers.”* (Vs. 15,16)

Assess your Personality: (Respond Vs. React)

Accept constant Feedback: (Proverbs 27:6)

Learn from Mistakes:

Not Defensive

Not Dismissive

Lean into your Motives: (Why vs. What)

Address the Obvious: (Strengths/Weakness)

Creates Empowerment

Causes Endearment

Aspire towards the Vision: (Better never Stops)

Integrity in our faith and lifestyle is the greatest witness we have to offer the world. For the people around us to see our faith lived out, they have to see our desire to be humble and teachable. How do you respond with level-headedness to challenges? How do you learn from your mistakes? How do you think through your motives before doing something?

Take Away: To become better Self-Aware is to become more Spiritually-Aware.

Living with integrity, humility, and teachability, will allow you to help draw others close enough to see and hear about the Jesus who lives in you.

Prayer: