

FAMILY DISCIPLESHIP GUIDE

January 29th & 30th

Our 21 days of prayer and fasting as a church family comes to a close this weekend! It has been an amazing journey for us as a church, and we hope it has blessed your family. We'd love for you to join us Sunday evening at 5pm to celebrate the end of our fast!

If you're new to the Family Discipleship Guide, the goal here is to provide you a template for conversation around the dinner table or whenever you have spiritual conversations as a family and to breakdown Pastor Ed's message in a way that leads to action.

Our goal is that this week's guide would allow us to reflect more on the life of Jesus and take practical steps that help us walk and talk a little more like Him than we did before. Let's dive in!

This Week's Message: A Life Worth Imitating

We will take a close look at the daily rhythms of Jesus' life to find out what was most important, for "whoever says he abides in Him, ought to walk in the same way in which He walked" (1 Jn. 2:6).

Celebrate: Have some fun!

- What is the funniest moment you had this week?

Accountability: Let's follow up from last week.

- We all chose one value from the message that we wanted to live out.
- How did that go last week?
- Can you name all 4 of CBC's values? *We deliver real hope. We build kingdom family. We celebrate life change. We practice radical generosity.*

Listen: What does God's Word say?

- Read Luke 6:12-19.
- What is the first priority of Jesus in this passage? *Spending time with His Father (UP).*
- Who does Jesus develop deep relationships with and what does that look like for you? *His spiritual family which were His disciples (IN).*
- Where do Jesus and His disciples go near the end? What are they doing? *They pursue those who are in need, physically and spiritually (OUT).*
- Why do you think it was important for Jesus to live this way (UP/IN/OUT)?

Live It Out: What is God saying to me?

- Rate your UP (1-10), IN (1-10), and OUT (1-10) as an individual and as a family.
- Which relationships do you need to give more attention to this week to live a balanced life like Jesus?
- What is one thing you can do this week to live this out?

Equip: Take it further.

- Write down your Live It Out action step and put it somewhere you'll see it every day.